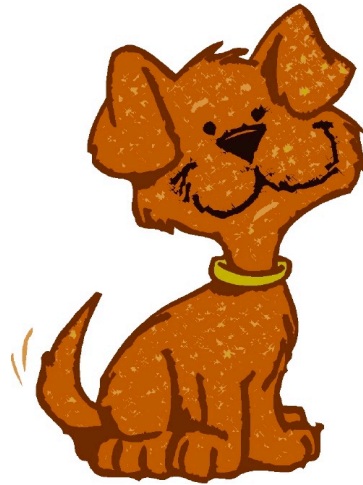


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**Let's have
a great day!**



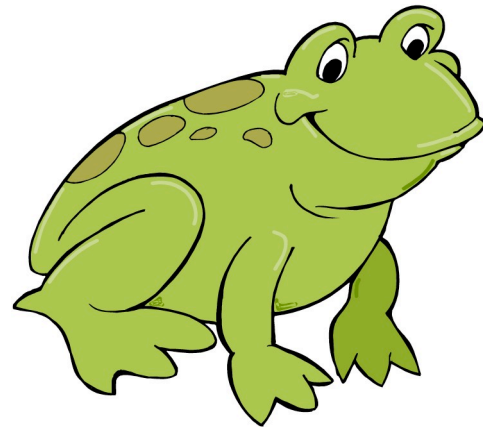
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How to Use These Cards

Objective: When you've had a rough day with your child or student, use these cards to have a fresh start the following day. The idea is to let your child know that you're willing to start over today—no matter what kinds of arguments, disruptions, or disagreements happened the day before—and that you're excited about having a great day together.

Tips for giving the cards out:

At home:

- Tape one of the cards on the bathroom mirror or toilet seat lid where your child will see it when she goes into the bathroom in the morning.
- Leave one of the cards next to her breakfast in the morning so she can find it.

At school:

- Put one of the cards on your child's desk before he comes to school.
- Put one of the cards in your student's cubby before school starts.

Note: Do not give the cards to every student or all of your children on the same day. This is meant to be a special connection between you and the child that you had a rough time with previously. Use it as a form of starting over without grudges.

Directions: Let your child or student find the card on their own so it can be a surprise. If/when they look around trying to figure out where it came from, or they approach you about it, give them a genuine smile and let them know that you'd like to have a great day with them today. Even a quiet wave or a happy wink will do.

Don't say anything about yesterday. That's over and done with. This is an invitation for both of you to move on and enjoy each other at home or at school. Notice that the card says "**Let's**" meaning both you and the child. It's a team effort. If your child/student misbehaves later in the day—don't take the card away. Move forward with whatever rules you have in place and don't tell them that they ruined the great day.

Printing: These cards can be printed in color or in black & white. If you're printing in color, use white paper. If you're printing them in black and white, consider using colored paper to make them more special.

Here's to great days with your children and students! - Ms. Mona